

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 NATIONAL HISPANIC HERITAGE MONTH SEPT. 15-OCT. 15	 NEVER FORGET ★☆☆ 09/11 ★☆☆	National Forgiveness Day 1 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:30 Daily Chronicles & Hydration 11:15 Hydration & America Says (Game Show) 11:30 Lunch 1:00 Hydration Rounds 1:30 Yoga with Lynn 2:00 Table Games 3:00 Hydration 3:15 BINGO 4:30 Dinner	National Blueberry Popsicle Day 2 9:45 Rosary - Catholic Communion 10:45 Morning Exercise 11:15 Daily Chronicles 11:30 Lunch 12:00 Afternoon Snack & Hydration 1:00 Hydration Rounds 1:30 Afternoon Exercise 2:00 Afternoon Snack & Hydration 2:00 Funk & Soul Happy Hour with Kathy Fern 3:30 Rummikub 4:30 Dinner	National U.S. Bowling League Day 3 9:30 Morning Word Puzzles/ Daily Chronicles 10:00 Morning Exercise 10:30 Music Appreciation 11:30 Lunch 1:00 Hydration Rounds 1:30 Spanish 101 with America 3:00 Balloon Badminton 3:00 Hydration 3:30 Finish Shopping Bag Craft 4:30 Dinner	Happy Birthday Joe A 4 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:30 Remembering Chicago: Tell Me Your Stories 11:30 Lunch 1:00 Hydration Rounds 1:30 Friday Matinee: Arthur The King 2:00 Refreshments & Hydration 3:30 Pokeno 4:30 Dinner	National Cheese Pizza Day 5 9:30 Morning Word Puzzles 10:30 Morning Exercise 11:00 Finish the Phrase 11:30 Lunch 1:00 Hydration Rounds 1:30 Afternoon Exercise w/ Daniel 2:45 Sing a Long & Hydration 3:15 BINGO 4:30 Dinner
National Read a Book Day 6 9:30 Televised Catholic Mass 10:30 Morning Exercise 11:00 Daily Chronicles 11:30 Lunch 1:00 Hydration Rounds 1:30 Armchair Travels: Meet Me in Montreal 1:30 Nail Spa 2:30 Travel Discussion and Activity 3:15 BINGO 4:30 Dinner	Labor Day 7 9:30 Morning Word Puzzles 10:00 Zumba with Shannon 10:30 Daily Chronicles & Hydration 11:00 Brain Teasers 11:30 Lunch 1:00 Hydration Rounds 1:30 In The Kitchen With Vincenza 3:00 Social Hour & Hydration 4:00 Vespers 4:30 Dinner	Happy Birthday Betty O 8 9:30 Morning Word Puzzles/ Daily Chronicles 10:00 JourneyCare Hospice Health Lecture: What is Dementia & Alzheimer's 11:15 Hydration & America Says (Game Show) 11:30 Lunch 1:00 Hydration Rounds 1:30 Yoga with Lynn 2:00 Table Games 3:00 Hydration 3:15 BINGO 4:30 Dinner	International Sudoku Day 9 9:45 Rosary - Catholic Communion 10:45 Morning Exercise 11:15 Daily Chronicles 11:30 Lunch 12:00 Afternoon Snack & Hydration 1:00 Hydration Rounds 1:30 Afternoon Exercise 2:00 Afternoon Snack & Hydration 2:00 Michelle Gibbons Presents Elizabeth Taylor 3:30 Rummikub 4:30 Dinner	National Swap Ideas Day 10 9:30 Morning Word Puzzles/ Daily Chronicles 10:00 Morning Exercise 10:30 Music Appreciation 11:30 Lunch 1:00 Hydration Rounds 1:30 Spanish 101 with America 3:00 Balloon Badminton 3:00 Hydration 3:30 Thursday Sing a Long 4:30 Dinner	Patriot & National Day of Service/ Remembrance 11 9:30 Morning Word Puzzles 10:00 Craft Hour with JourneyCare 11:00 Morning Exercise 11:30 Lunch 1:00 Hydration Rounds 1:30 Friday Matinee: A Dog's Purpose 2:00 Refreshments & Hydration 3:30 Pokeno 4:30 Dinner	National Day of Encouragement 12 9:30 Morning Word Puzzles 10:30 Morning Exercise 11:00 Finish the Phrase 11:30 Lunch 1:00 Hydration Rounds 1:30 Afternoon Exercise 2:00 Sing along & Hydration 3:15 BINGO 4:30 Dinner
National Grandparents Day 13 9:30 Televised Catholic Mass 10:30 Morning Exercise 11:00 Daily Chronicles 11:30 Lunch 1:00 Hydration Rounds 1:30 Armchair Travels: South Pacific Island Time 1:30 Nail Spa 2:30 Travel Discussion and Activity 3:15 BINGO 4:30 Dinner	National Parents Day Off 14 9:30 Morning Word Puzzles 10:00 Zumba with Shannon 10:30 Daily Chronicles & Hydration 11:00 Brain Teasers 11:30 Lunch 1:00 Hydration Rounds 1:30 In The Kitchen With Vincenza 3:00 Social Hour & Hydration 4:00 Vespers 4:30 Dinner	National Double Cheeseburger Day 15 9:30 Morning Word Puzzles/ Daily Chronicles 10:00 Morning Exercise 10:30 Daily Chronicles & Hydration 11:00 Trivia Hosted by Julia Carease Health 11:15 Hydration & America Says (Game Show) 11:30 Lunch 1:00 Hydration Rounds 1:30 Yoga with Lynn 2:00 Table Games 3:00 Hydration 3:15 BINGO 4:30 Dinner	National Guacamole Day 16 9:45 Rosary - Catholic Communion 10:45 Morning Exercise 11:15 Daily Chronicles 11:30 Lunch 12:00 Afternoon Snack & Hydration 1:00 Hydration Rounds 1:30 Afternoon Exercise 2:00 A Musical Tour of Latin-America with Diana Mosquera 2:00 Afternoon Snack & Hydration 3:30 Rummikub 4:30 Dinner	International Day of Listening 17 9:30 Morning Word Puzzles/ Daily Chronicles 10:00 Craft Hour with Bristol Hospice 10:30 Music Appreciation 11:30 Lunch 1:00 Hydration Rounds 1:00 Wheelchair Clinic 1:30 Spanish 101 with America 2:00 Craft Hour with Transitions Hospice 3:00 Balloon Badminton 3:00 Hydration 3:00 Religious Service with Pastor David Petersen 3:30 Thursday Sing a Long 4:30 Dinner	US Air Force Birthday 18 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:30 Remembering Chicago: Tell Me Your Stories 11:30 Lunch 1:00 Hydration Rounds 1:30 Friday Matinee: A Dog's Journey 2:00 Refreshments & Hydration 3:30 Pokeno 4:30 Dinner	National Love Your Lunch Day 19 9:30 Morning Word Puzzles 10:30 Morning Exercise 11:00 Finish the Phrase 11:30 Lunch 1:00 Hydration Rounds 1:30 Afternoon Exercise w/ Daniel 2:45 Sing a Long & Hydration 3:15 BINGO 4:30 Dinner
Happy Birthday Ron B 20 9:30 Televised Catholic Mass 10:30 Morning Exercise 11:00 Daily Chronicles 11:30 Lunch 1:00 Hydration Rounds 1:30 Armchair Travels: Getting to Know Guatemala 1:30 Nail Spa 2:30 Travel Discussion and Activity 3:15 BINGO 4:30 Dinner	World Alzheimer's Day 21 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:30 Daily Chronicles & Hydration 11:00 Brain Teasers 11:30 Lunch 1:00 Hydration Rounds 1:30 In The Kitchen With Vincenza 3:00 Social Hour & Hydration 4:00 Vespers 4:30 Dinner	Autumnal Equinox 22 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:30 Daily Chronicles & Hydration 11:15 America Says (Game Show) 11:30 Lunch 1:00 Hydration Rounds 1:30 Yoga with Lynn 2:00 Table Games 3:00 Hydration 3:15 BINGO 4:30 Dinner	National Checkers Day 23 9:45 Rosary - Catholic Communion 10:45 Morning Exercise 11:15 Daily Chronicles 11:30 Lunch 12:00 Afternoon Snack & Hydration 1:00 Hydration Rounds 1:30 Afternoon Exercise 2:00 Afternoon Snack & Hydration 2:00 Live Performance from Katherine Keberlein 3:30 Rummikub 4:30 Dinner	Happy Birthday Gerald S 24 9:30 Morning Word Puzzles/ Daily Chronicles 10:00 Morning Exercise 10:30 Music Appreciation 11:30 Lunch 1:00 Hydration Rounds 1:30 Spanish 101 with America 2:00 Menu Chat with Ben 2:30 Resident Council Meeting 3:00 Balloon Badminton 3:00 Hydration 3:30 Monthly Resident Birthday Party Trivia & Sing Along 4:30 Dinner	International Save the Koala Day 25 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:15 Zumba with Shannon 10:30 Remembering Chicago: Tell Me Your Stories 11:00 Shabbat Service- Discovery Room 11:30 Lunch 1:00 Hydration Rounds 1:30 Friday Matinee: Dog Gone 2:00 Refreshments & Hydration 3:30 Pokeno 4:30 Dinner	Oktoberfest Party 26 9:30 Morning Word Puzzles 10:30 Morning Exercise 11:00 Finish the Phrase 11:30 Lunch 1:00 Hydration Rounds 3:15 Sing with the Staff 4:30 Dinner
World Tourism Day 27 9:30 Televised Catholic Mass 10:30 Morning Exercise 11:00 Daily Chronicles 11:30 Lunch 1:00 Hydration Rounds 1:30 Armchair Travels: Ye Olde Williamsburg, Va 1:30 Nail Spa 2:30 Travel Discussion and Activity 3:15 BINGO 4:30 Dinner	National Good Neighbor Day 28 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:30 Daily Chronicles & Hydration 11:00 Brain Teasers 11:30 Lunch 1:00 Hydration Rounds 1:30 In The Kitchen With Vincenza 3:00 Social Hour & Hydration 4:00 Vespers 4:30 Dinner	National VFW Day 29 9:30 Morning Word Puzzles 10:00 Morning Exercise 10:30 Daily Chronicles & Hydration 11:15 Hydration & America Says (Game Show) 11:30 Lunch 1:00 Hydration Rounds 1:30 Yoga with Lynn 2:00 Table Games 3:00 Hydration 3:15 BINGO 4:30 Dinner	National Women's Health & Fitness Day 30 9:45 Rosary - Catholic Communion 10:45 Morning Exercise 11:15 Daily Chronicles 11:30 Lunch 12:00 Afternoon Snack & Hydration 1:00 Hydration Rounds 1:30 Afternoon Exercise 2:00 Afternoon Snack & Hydration 2:00 James Lynch Live in the Courtyard 3:30 Rummikub 4:30 Dinner	 WORLD ALZHEIMER'S MONTH SEPTEMBER		September Birthdays Joe A.....September 4 Betty O.....September 8 Ron B.....September 20 Gerald S.....September 24 ***** Activities are subject to change. Please refer to Daily Activity Sheet for updated schedule.